

Break the Silence on Teen Dating Violence

Teen Dating Violence

happens in a relationship when one person uses a pattern of behavior to gain power and control over the other person.

THE VIOLENCE IS INFLUENCED BY HOW TEENAGERS LOOK AT THEMSELVES AND OTHERS

Know the Facts

Teen Dating Violence is often hidden because teenagers typically ...

- Are inexperienced with dating relationships
- Are pressured by peers to act violently
- Want independence from parents
- Have romantic views of love

Teen Dating Violence Can Be:

PHYSICAL:

hitting, slapping, punching, kicking

SEXUAL:

any unwanted touching or forces you to have sex

FINANCIAL:

controlling most of the money

SOCIAL:

spreading rumors using religion or culture to control

VERBAL/MENTAL:

threats name calling put downs

YOU HAVE THE RESPONSIBILITY TO

Determine your limits and values

Respect the limits of others

Communicate clearly and honestly

Bill of Rights

You have the right to:

1. Disagree
2. Leave a relationship
3. Be treated as an equal
4. Be treated with respect
5. Have a health relationship
6. Choose and keep your friends
7. Change your mind - at any time

PLEDGE Never To:

COMMIT or tolerate any act of violence.

REMAIN silent or **MAKE** excuses for abusers

STAY in a unhealthy relationship

Teen Dating Violence Safety Plan

1. In an emergency, I can call (911), the Ocala Police Department's victim advocates at (369-7139) or the local domestic violence shelter (622-8495). I will keep these numbers with me at all times and carry _____'s number, which is _____ if I'm in danger.
2. I will contact my family or friends and use the code word _____, which means I need help.
3. If I decide to leave, I will go to one of the following safe places: _____
4. I will keep the following items in a bag ready to go:
_cell phone or change to make a call _ drivers license or other ID _ my keys _ Social Security Card _ health info _prescriptions and medications
_cash _ spare clothes _protective/restraining orders _ other items
(specify) _____



Unhealthy Relationship



- Eye he punched for looking at him the wrong way
- Fat lip when he smacked her for smiling at someone else
- Bruise where her boyfriend choked her
- The cell phone he got her to constantly check-up on her
- The wrist he grabbed when she tried to walk away from him

TO SCHEDULE A PRESENTATION

Contact:
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Family Violence Prevention Coordinator
Marion County Children's Alliance

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www.BreakTheSilenceOnViolence.org



Scan with your mobile phone for more information



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SAVE-A-FRIEND Hotline

1-877-7FRIEND

Local Domestic Violence Shelter

(352) 622-8495

Ocala Police Department

(352) 369-7139

Marion County Sheriff's Office

(352) 368-3535

Sign the Anti-Violence Pledge @
www.BreaktheSilenceOnViolence.org



Healthy Relationship



- Eye that her boyfriend looks into lovingly
- Smile that he loves to see
- His favorite place to kiss
- The cell phone he uses to tell her he loves her
- The hand her boyfriend holds when they go for a walk